

Welcome to Romans 8

4-7-19

Talk #2

Set Your Minds on the Indwelling Spirit!

Romans 8:5-11



**Talk #2's goal is to understand what it means
to set our mind and decide to live by the
indwelling Spirit!**

1. God gave us the Holy Spirit so that we could live a victorious life!
2. We decide to set our minds on the Spirit, not the flesh.
3. We live out of the indwelling Spirit which we have from our Baptism.

1. God gave us the new law of the Holy Spirit so that we could live a victorious life!

“I will put my laws into their minds and write them on their hearts.” Jeremiah 31:33

*“A new heart I will give you and a new spirit I will put within you... and I will put my spirit within you, and cause you to walk in my statutes.”
Ezekiel 36:26-27*

*“If anyone thirst let him come to me and drink; he who believes in me, as the Scripture has said, ‘Out of his heart shall flow streams of living water’.
Now this is said about the Spirit... John 7:37-39*

Fr Cantalamessa: The Spirit himself is being defined as being the law; the law of the Spirit” means in fact, “the law, which is the Spirit” (*Life in Christ: A Spiritual Commentary on the Letter to the Romans, p.117*)

Fr Cantalamessa: This new law is the love he has poured into our hearts through Baptism, through the Holy Spirit, (Rom 5:5)... in short it allows us to walk according to the Spirit in obedience to the Gospel. (*Life in Christ, p. 118*)

2. What does it mean to set our minds on the Spirit?

The Catechism of the Catholic Church teaches in paragraph 1704: “The human person participates in the light and power of the divine Spirit. By his reason, he is capable of understanding the order of things established by the Creator. By free will, he is capable of directing himself toward his true good.”

- We set our minds on the Spirit by deciding for God each day
- Daily prayer and consecration to God – Jesus is Lord!
- Scripture and Examination of Conscience
- Catholics: regular confession
- Loving the Brethren and Serving with our giftedness and charisms

3. We live out of the indwelling Spirit which we have from our Baptism!

9 But you are not in the flesh, you are in the Spirit, if the Spirit of God really dwells in you. Anyone who does not have the Spirit of Christ does not belong to him.

Fr. Cantalamessa: Christ's Spirit, when it is poured into a believer through the sacraments, the Word, and all other means to our disposal, in the measure in which it is welcomed and listened to, (*i.e. ongoing conversion*) is finally able to change the interior state that the law was unable to change. (*Life in Christ, p. 118*)

The *Catechism of the Catholic Church* says in paragraph 1280: “Baptism imprints on the soul an indelible spiritual sign, the character, which consecrates the baptized person for Christian worship.

paragraph 1274

The Holy Spirit has marked us with the seal of the Lord for the day of redemption.”

- Do we know this treasure
that we hold inside us?

II Cor 4:7

- Setting our hearts to live
from the indwelling Spirit!

11 If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will give life to your mortal bodies also through his Spirit who dwells in you.

This is the same Spirit that created the heavens and earth; that was given to the Church at Pentecost! This is the same Spirit that is working in your lives today – that wants to renew the earth through YOU!

Closing

1. God gave us the new law of the Holy Spirit so that we could live a victorious life!
2. We decide to set our minds on the Spirit, not the flesh.
3. We live out of the indwelling Spirit which we have from our Baptism.

“Christian, recognize your dignity and now that you share in God’s own nature, do not return to your former base condition by sinning. Remember who is your head and of whose body you are a member. Never forget that you have been rescued from the power of darkness and brought into the light of the Kingdom of God.” *St. Leo the Great*

Questions

1. How are you experiencing the new law of the Spirit in your life? What victories are there?
2. How can you resolve today to set your mind on the things of the Spirit? How can you increase your awareness of what God is doing in your life?
3. Do you know as a baptized into Christ that you are a treasure in the Church? Are you receiving from the Lord and giving to the Lord and others?