

## **Fall 2022 Season (Sept. 17, 24; Oct. 1, 8, 15, 22)**

*\*If one of these dates above is rained out, we will have a make-up class on Oct. 29*

*All classes are 10 am to 11 am.*

*Girls Softball is at William Hurley Park: 20737 Highland Hall Drive in Montgomery Village.*

*All other classes are at Mother of God Community: 20501 Goshen Road in Gaithersburg.*

*Drop off 15 minutes beforehand and pick up 15 minutes after is permitted for families who have children in both locations.*

### Girls and Boys Soccer for K - 2nd Graders

*Coaches: Brock Roughton (Lead for older group) and Jeff Nightingale (Assistant for older group), Amy O'Callaghan (Lead for younger group) and TBA (Assistant for younger group)*

This introductory soccer class will be divided into two groups, each playing on its own small field. The fun activities and drills are designed to improve the children's skills at manipulating the ball with their feet and cooperating with teammates. Only very simple rules (not using hands, staying in bounds, etc.) will be used in the scrimmage that takes place for the last 10-15 minutes of each class.

Notes: All equipment, including balls, will be supplied. Cleats and shinguards are recommended but not required for this class.

### Girls and Boys Soccer for 3rd to 5th Graders

*Coaches: John O'Callaghan (Lead) and Bill Berry (Assistant)*

This soccer class is open to players of all abilities and levels of experience. Each class teaches skills through drills before playing a scrimmage game. In this age group, the drills include individual ballhandling skills, but start to focus on passing accuracy and the strategic importance of sharing the ball with teammates.

Notes: Shinguards and cleats are required for this class. We have some used ones in various sizes to borrow or purchase. Please contact us if you are interested. All other equipment, including balls, will be supplied.

## Girls Softball for 6th to 12th Graders

*Coaches: Greg Cummings (Lead) and Russ Marchand (Assistant)*

This softball class is open to players of all abilities and levels of experience. It will teach the basics of the game of softball through drills and scrimmage games. The coaches will teach the positions, rules, and skills of softball: e.g., hitting, fielding, throwing, base-running. Basic strategy will also be taught and practiced.

Notes: Each player needs to bring a softball mitt. Cleats are recommended but not required. All other equipment will be supplied.

## Boys Basketball for 6th to 12th Graders

*Coaches: Doug Sharafinski (Lead) and TBA (Assistant)*

This class is open to players of all abilities and levels of experience. The coaches will show the players how to perform the basic techniques of basketball, which they will practice through drills: e.g., dribbling, passing, shooting, rebounding, blocking. The coaches will also teach rules, positions, and strategy. There will also be time for scrimmage games.

Notes: All equipment will be supplied. Straps to secure glasses are highly recommended for those who have glasses. All wristwatches and jewelry must be removed before class.